

# Mandarin's GLUTEN and WHEAT Free Menu

## Wok tossed in our Gluten and Wheat Free sauce

Chicken Soong Lettuce Wrap (hoisin sauce is not gluten/wheat free)

Cashew Chicken or Cashew Vegetable

Nanking Pork, Chicken or Vegetarian

Curry Chicken or Beef

Ginger Beef or Chicken

Mongolian Beef

Mongolian Pork, Chicken or Vegetarian

Pepper Beef, Chicken or Halibut

Beef with Beans or Asparagus in a Black Bean Sauce

Fried Rice: Ham, Chicken, Vegetarian, Shrimp or Malaysian

## Regular menu items already Gluten and Wheat Free

Chicken and Creamed Corn Soup (by the cup, 2 people, 4 people)

Tropical Thai Chicken, Halibut or Tofu (this comes HOT only)

Coconut Thai Chicken or Halibut (this comes HOT only)

Mango Chicken or Halibut (when available)

## \*Items that can be prepared with egg & cornstarch batter.

\*These items are fried in a wheat/gluten free fryer

Fried Shrimp (8 pieces)

Almond Chicken (sweet and sour)

Sweet and Sour Shrimp

Lemon Chicken or Lemon Shrimp

Peking Barbecue Red Shrimp or Chicken

## Gluten Free Desserts (availability varies nightly)

\*Ginger Ice Cream (ginger crisp has wheat....substitute with oat cookie)

\*Raspberry Vanilla Bean Crème Brûlée

\*Homemade Ice Cream Trio (all flavors except oreo mint, heathbar crunch, butterfinger, whopper & anything else with candy/cookie in it)

\*The oats in the oat cookie may be manufactured in a factory that processes wheat products.

Updated 1/14/10